

## WHAT IS CRHP?

The Comprehensive Rural Health Project (CRHP), Jamkhed, works among the poor and marginalized of rural India. Founded in 1970 by Drs. Raj and Mabelle Arole to bring health to the poorest of the poor, CRHP is an organization that empowers people to eliminate injustices through integrated efforts in health and development. Pioneering a comprehensive approach to community-based primary healthcare, known as the Jamkhed Model, CRHP has become a leader in public health and development within India and around the world.



# **COURSE OUTLINE**

CRHP's Jamkhed International Institute for Training offers this experiential course to familiarize individuals with CRHP's principles of equity, integration, and empowerment. Topics are based on relevant themes in global health, rural development, and community participation. In addition to classroom sessions with CRHP staff, participants engage in village visits and discussions with community groups such as Farmers' Clubs, Women's Self-Help Groups, Adolescent Groups, and Village Health Workers. Individuals of all disciplines are welcome, and no previous experience in public health or development is required. Please note that this is not a clinical course.

# WHAT TOPICS WILL BE COVERED?



**CRHP Story:** The inspiration behind CRHP and its vision and mission.

Community-Based Primary
Healthcare: How equity,
integration, and empowerment
are central to the Jamkhed Model.

**Cultural Context:** How the caste system, gender inequality, poverty, and other social divisions affect all aspects of life.

Alternative Medicine: Several ssytems including herbal medicine and how it is applied at CRHP.

Community Organizing: The role of Mobile Health Team, Village Health Workers, and CRHP-supported community groups.

**Community Participation:** 

Assessment of problems and resources, problem analysis, and appropriate action.

**Appropriate Technology:** Practical, scientifically sound, culturally appropriate and affordable methods.

Low-Cost Secondary Care: The importance of providing cost-effective medical care.



On an average day, activities will last from 9am to 5pm. However, Indian time and scheduling can be very flexible so participants should be open to last minute changes. There will be excursions throughout the course to increase participants' exposure to India.

Village Visits: Participate in exposure visits of our Project and Non-Project Villages with a debriefing session to follow.

Jaggery Factory: Witness how raw sugar cane is processed and used in daily food preparations and sweets.

#### **Herbal Medicine Institute:**

Witness the process of making herbal medicines and talk to the practitioners who use them. Aurangabad: See the Bibi Ka Maqbara ("mini Taj Mahal"), the Daulatabad Fort, and the Ellora caves known for their Jain, Buddhist, and Hindu carvings.

**Farm Overnight:** Spend the afternoon working at CRHP's Demonstratoin Farm and the night at the Farm Guesthouse with the staff at the Mabelle Arole Rehabilitation Center.

## Village Overnight:

Spend a night in a CRHP project village eating dinner and meeting the family of one of our Village Health Workers.



Dates for 2015 are July 10-31. For future course dates, please email info@jamkhed.org.

Please send your resume and a brief letter of interest or any questions to info@jamkhed.org.

## \*University Collaboration:

For colleges or universities interested in setting up a study abroad course in community-based primary healthcare anytime during the year, please email info@jamkhed.org.





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